



Teen
Coping
Skills

Teen Stress Management Group

Group for Teen Boys and Girls

We will be discussing the issues that teens face regularly that bring about stress. Positive problem solving and coping skills will be explored and taught. Teens will receive support and coping skills in a supportive group setting.

\$100 for entire session

4 group sessions, 4 week class

Paper Cranes Behavioral Health, Queen Creek Office
20185 East Ocotillo Rd, Suite 102, Queen Creek, AZ 85142

480-704-3474