

NEW MOM WELLNESS GROUP



★SOCIALIZE ★HAVE FUN ★SHARE ★ENGAGE ★FRIENDSHIP ★PROFESSIONAL ASSISTANCE

Motherhood has the ability to bring on emotional struggles that are referred to as the “baby blues” or Postpartum Depression or Anxiety. This supportive group can help! Connect with other mothers in your community that can relate to you, while receiving professional support and guidance.

Starting November 20th, Every Monday
@ 10 am

20185 E. Ocotillo Rd, Suite 102
Queen Creek, AZ 85142

\$20 per session

Click [here](#) to sign up or call (480)704-3474